

Genesis 4:2b-7 NLT

When they grew up, Abel became a shepherd, while Cain cultivated the ground. ³When it was time for the harvest, Cain presented some of his crops as a gift to the Lord. ⁴Abel also brought a gift—the best portions of the firstborn lambs from his flock. The Lord accepted Abel and his gift, ⁵but he did not accept Cain and his gift. This made Cain very angry, and he looked dejected.

⁶“Why are you so angry?” the Lord asked Cain. “Why do you look so dejected? ⁷You will be accepted if you do what is right. But if you refuse to do what is right, then watch out! Sin is crouching at the door, eager to control you. But you must subdue it and be its master.”

Matthew 20:15

Is it against the law for me to do what I want with my money? Should you be jealous because I am kind to others?’

Colossians 3:23-24

Work willingly at whatever you do, as though you were working for the Lord rather than for people. ²⁴Remember that the Lord will give you an inheritance as your reward, and that the Master you are serving is Christ.

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CAIN AND ABEL

1. Read Genesis 4:2-7. Circle and underline phrases that stand out to you? Who do you relate with in this story?
2. Have you ever experienced the problem of comparison? How did it affect your thoughts?
3. Read Matthew 20:1-15. What sticks out when reading this passage? Who do you relate to more in this story and why?
4. Look closer at verse 15. What does this speak about God's mercy and grace? How does this push back against comparison?
5. Read Colossians 3:23-24. What does it mean to work for God and not man? How does that fight against comparison?
6. What is a thought you can change this week, to live free of comparison?

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